



# 10 Essential Cyber Security Controls for Increased Resilience (and better cyber insurance coverage)



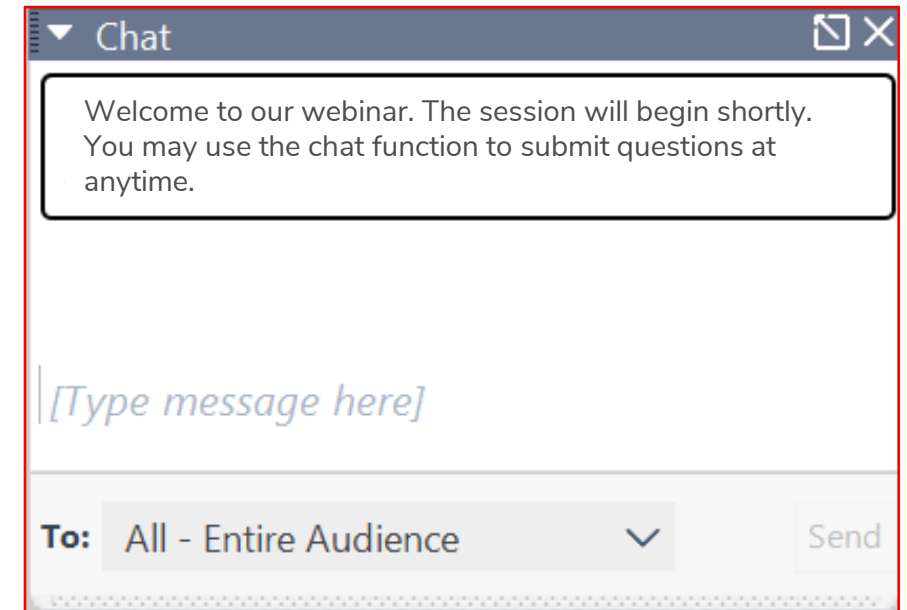
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# Notes

- Session is being recorded, You'll receive access to the recording in a couple days
- Ask questions via chat >
- We'll try to answer as many questions as possible



# Meet The Team



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# The 10 Essential Controls

**Multifactor Authentication (MFA)**



**Virtual Private Network (VPN)**



**Remote Desktop Protocol (RDP)**



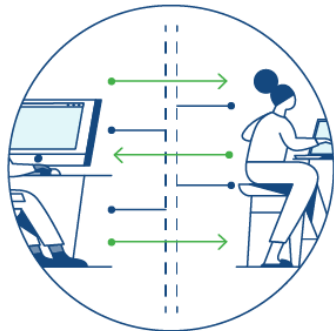
**Endpoint Detection and Response (EDR)**



**Incident Response Planning**



**Infrastructure and Segmentation**



**Backups**



**Access Control**



**Security Culture Training**



**Email Hygiene**



# Poll #1

# Why These 10 Controls?

**40+**

Cyber insurance application  
questionnaires and ransomware  
supplementals

**2700+**

Incidents handled in 2020,  
trending upwards of 3000 in 2021

**350+**

Offensive security engagements

# Multifactor Authentication



- Additional forms of authentication increases security
- All users **(including admins)** adhere to MFA procedures
- Should be enabled for every system account
- Ensure audit of implementation



# Virtual Private Network (VPN)

- Increased during the pandemic, but requires increased security
- Exploited by adversaries fueled by host of vulnerabilities

## BEST PRACTICES:

- PATCH!
- Ensure frequent reviews of VPN logs
- All users should log in with minimum access privileges



# Remote Desktop Protocol (RDP)



- Full control of a remote computer, including local network access and storage
- Can be exploited by actors if accessible to the internet without 2FA or MFA enabled

## BEST PRACTICES

- PATCH!
- Make accessible only via VPN or virtual desktop solution
- Should only be accessible to the internet if 2FA or MFA are enabled

# Endpoint Detection and Response (EDR)

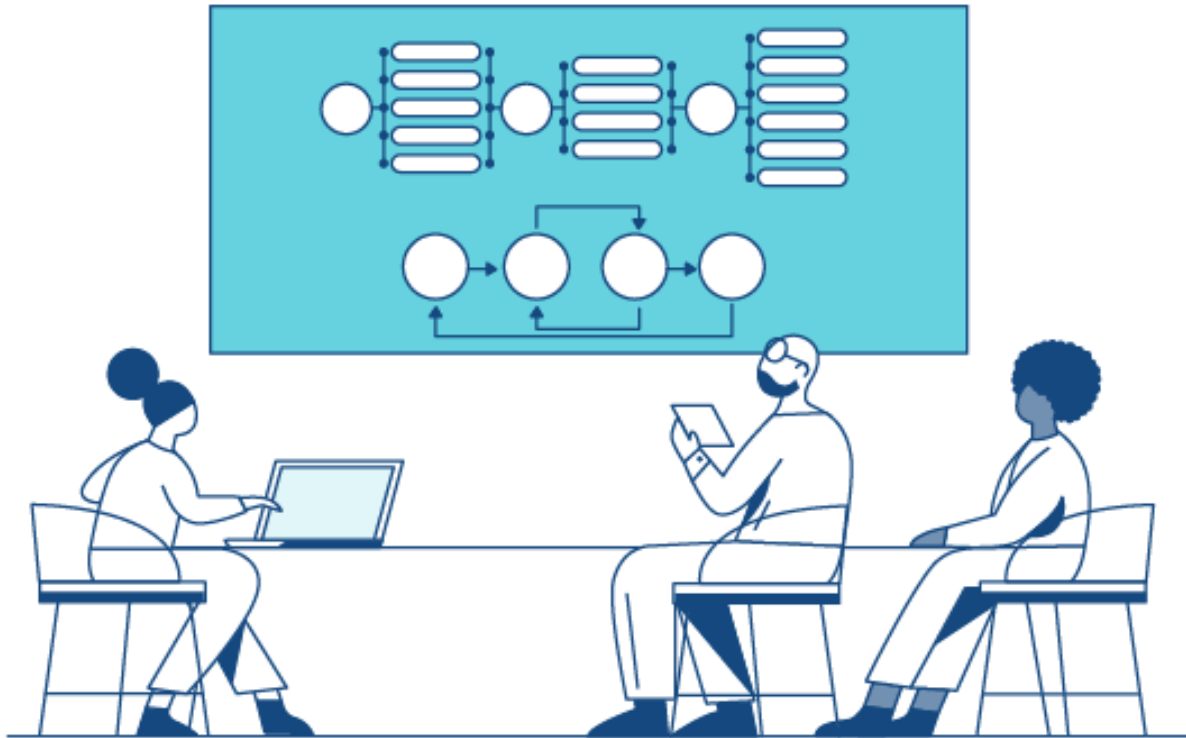
- Lightweight agent deployed on endpoints (laptops, servers, workstations) providing visibility for suspicious behavior
- Looks for network scanning, lateral network movement, and more

## BEST PRACTICES

- Should be deployed as wide as possible in an environment
- Team to monitor and validate alerts



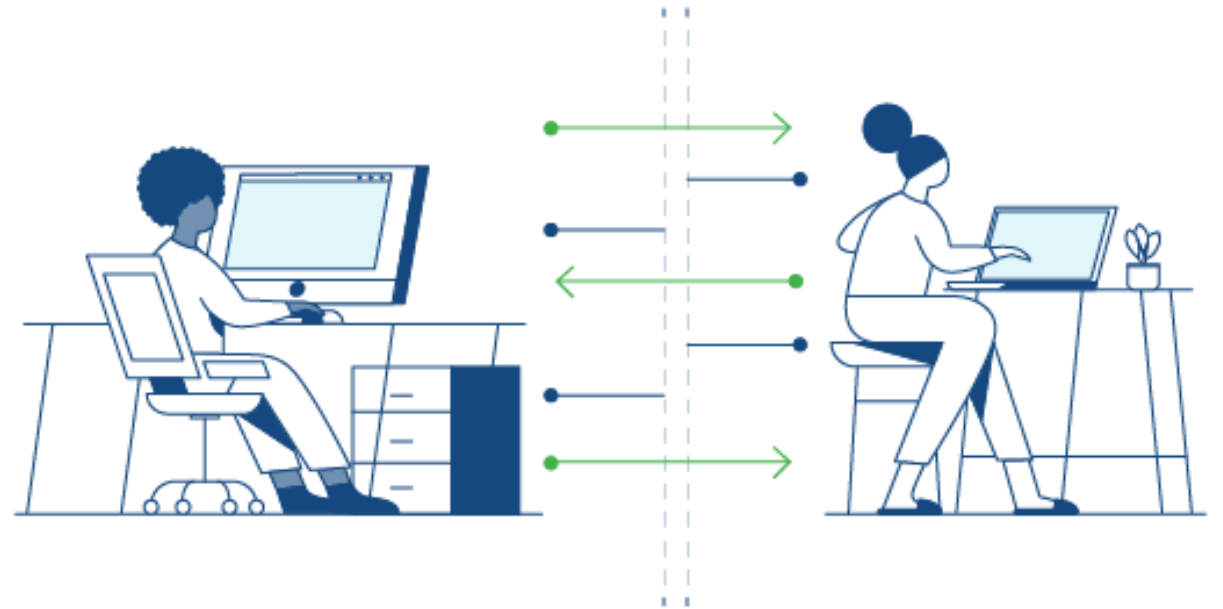
# Incident Response Planning



- Should always be accessible in case of incident
- All key stakeholders are identified
- Test and update plan regularly
- Use time wisely – know who to contact

# Infrastructure and Segmentation

- Layered approach to security
- Patch management for perimeter devices and 3<sup>rd</sup> party contracts
- Separate and distinct IT and cybersecurity roles



# Poll #2

# Backups



- Assess and test recovery capabilities yearly
- Have offline backups – critical with ransomware
- Multiple backups – helpful for data corruption, data loss and malicious events
- Review all data to determine what should be backed up, how often and the best medium

# Access Control

- Institute “least privilege” policy
- Quickly remove access permissions for departed users and adjust permissions when employees transfer roles
- **Regarding IT admins:**
  - privileged-access management solutions
  - Network segmentation
  - Password management
  - Limit admin-level access users





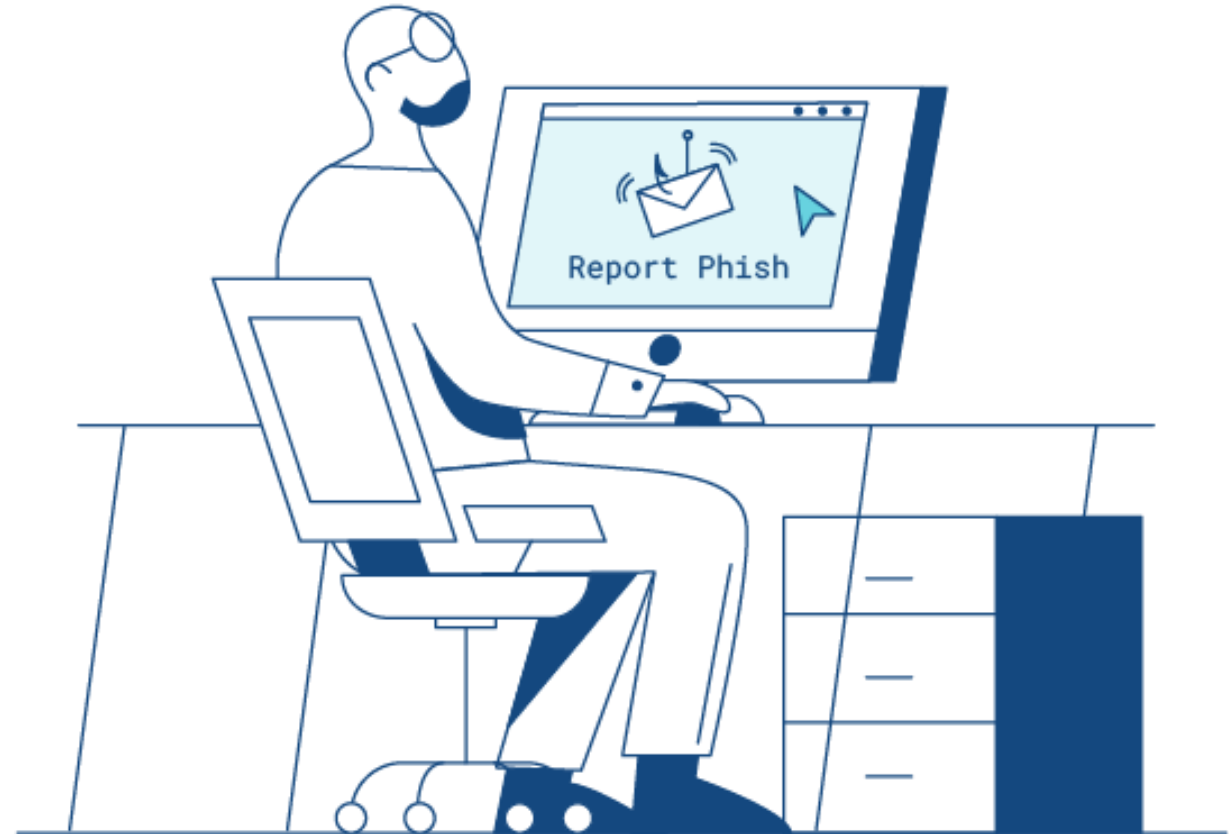
# Security Culture



- Empower employees to feel they can raise security concerns and report suspicious issues
- Mandatory cybersecurity training for all staff
- Understand when to retain and delete data
- Provide tools and training for recognizing external email and for validating financial requests

# Email Hygiene

- Train employees to identify and report phishing emails
- BYOD – create additional written policies and tech controls to manage associated risks
- Multi-layered defense:
  - Filtering controls on inbound and outbound messages
  - Attachment sandboxing
  - URL rewrites



# Q&A



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